

Grant Williams

DREAM FEARLESSLY

TEAM USA ATHLETE

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EXPERIENCE

UPCOMING...

USA Racquetball Junior National Championships

June, 2025- Minneapolis, MN

IRF Junior World Championship, Team USA

December, 2024-Guatemala City, Guatemala

IRF Junior World Championship, Team USA

November, 2023- Tarija, Bolivia

USAR Junior Nationals

June 2024- Pleasanton, CA

June 2023- Pleasanton, CA

June 2022- Des Moines, IA

June 2021- Des Moines, IA

MOHSRA Middle School League, St. Louis, MO

January 2020-February 2024

Annual USAR Tournaments, St. Louis, MO

Yearly, October 2021-Present

-St. Louis Open

-Blizzard Tournament

-Holiday Charity Tournament

-Missouri State Championship

-Mizzou Racquetball Club Fundraiser

-MOHSRA Winter Rollout

US OPEN, Minneapolis, MN

October 2022

TRAINING

Coach Jim Winterton

February 2022-Present

Virtual training with Coach Winterton. He prescribes racquetball workouts that are completed and sent back to him by video. Coach Winterton evaluates the videos and sends detailed feedback that is then incorporated

SKILLS

Effective Communicator

Leader

Coachable

Able to receive coaching feedback and apply it to my training and games.

AWARDS

USAR High School National Championships

- 2nd Place, 1 Seed
Division, Singles
- 2nd Place, 1 Seed
Division, Doubles

February 2025

Missouri High School State Championship

- 1st Place, 1 Seed
Division

February, 2025

Arizona Open

- 1st Place, Open
Division Singles

January, 2025

IRT Junior World Championship

- 2nd Place, Red
Division, 14u Singles
- 2nd Place, Gold
Division, 14u Doubles

Guatemala City, Guatemala
December 2024

USAR National Junior Championships

- All American 14u
- 2nd Place, Gold
Division, 14u Singles
- National 14u Doubles
Champion
- 3rd Place, Gold
Division, 14u Mixed
Doubles

Pleasanton, California
June, 2024

into the next day of training.

Coach Jenn Stack

July 2022-Present

Strength and Agility Training

Workouts incorporated throughout the week in independent training.

Team USA Training Camp

August 2023

Olympic Training Center, Colorado Springs, CO

Elite Training Camp

July 2024- St. Louis, MO

July 2023- St. Louis, MO

July 2022- Colorado Springs, CO

Junior US OPTC Racquetball Camp

February 2023

Olympic Training Center, Colorado Springs, CO

Vianney High School Racquetball Team

2024 Season

Number 1 Seed on Varsity as a freshman on the high school team.

Team competes in the MOHSRA league.

Won the High School State Championship, Seed 1, Singles.

First freshman boy to ever win the MOHSRA State Tournament.

Middle School United Racquetball Team

November 2022-February 2024

Middle School team that competes in the MOHSRA (Missouri High School Racquetball Association) league

#1 Ranked player on team

Lafayette Racquetball Team

January 2020-June 2022

Middle school team that competes in the MOHSRA league.

Papa Nicholas Shamrock Tournament

- 2nd Place, Elite March, 2024

MOHSRA State Tournament

- 1st Place February, 2024

MOHSRA Winter Rollout

- 1st Place December, 2023

USAR National Junior Championships

- All American 16u
- 2nd Place, Gold Division, 16u Singles
- 2nd Place, Gold Division, 14u Doubles
- Team USA 16u Singles Berth

June, 2023

MOHSRA State Tournament,

- 2nd Place-Middle School Bracket

February 2023

USAR National Junior Championships

- All American 12u Singles
- 3rd place, Gold Bracket, 12u Singles

June, 2022

Service

Racquetball

Assistant Coach

I volunteer as an assistant coach for the Middle School United Racquetball team. I enjoy working with the kids who have the spark in them that I had when first introduced to racquetball. Helping them develop as players and watching them have fun doing it is very rewarding to me. I hope to continue to introduce more juniors to racquetball. This role helps me communicate well with juniors of varying personalities and abilities.

School (St. John Vianney High School)

Vianney United

As a freshman, I was elected to serve on Vianney United which is the student council at Vianney. In this role, I help to plan and execute events for my class. I am also responsible for advocating for my class if the need arises. This role helps me to be a strong decision maker and leader.

Griffin Guide

A Griffin Guide is chosen by the teachers and staff to represent Vianney at all recruiting events. As a Griffin Guide, I am responsible for guiding prospective students through a shadow day. On open house days, I represent my school and give tours to prospective families. I also speak at events held by the admissions office. This role helps me to grow in leadership, public speaking and all around confidence.

GOALS

Tournament Travel

I would like to travel to USAR tournaments throughout the United States so that I can compete against a variety of athletes and continue to challenge myself. In St. Louis, I am a top overall competitor despite my age. My goal is to hold that rank throughout all tournaments in the United States.

Tournament travel also exposes me to new challenges and styles of play, leading my game to develop and improve in new ways, equipping me with the skills to one day be #1 in the world.

3x Gold Medal at 2025 Junior Nationals

In June of 2025 the 2025 Junior National Championships will take place in Minneapolis, Minnesota where I will compete again to hopefully make Team USA and earn a berth to go to the 2025 Junior World Championships. My goal this year is to make the team in all three possible divisions: 16u Singles, 16u Boys Doubles, and 16u Mixed Doubles. I am currently working hard and intensely in my training in order to reach this immense goal.